



Leading the way in aging services

APRIL 2018 ACTIVITY CALENDAR

CARTER BURDEN/ROOSEVELT ISLAND SENIOR CENTER (546 MAIN ST.)

MON-FRI 9AM-5PM  LUNCH : 12PM  PHONE: 212-980-1888



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p>AM</p> <p><u>9:30: Exploration in Visual Arts</u> New Class April 9th</p> <p>10:30: Stretch & Tone w/ Kathy</p>	<p>AM</p> <p>9:30: Forever Young w/ Zandra</p> <p>10:30: RIOC Shopping Bus</p>	<p>AM</p> <p>9:30-10:30: Seated Yoga w Irene</p> <p>10:00-12:00: Computers w/ Alex</p> <p>10:30-11:30: Stretch & Tone w/ Kathy</p>	<p>AM</p> <p>10:30: Computers w/ the Library</p> <p>10:45: Feldenkrais Method</p> <p>10:45: Ping Pong w/ Dexter</p> <p>11:00: Knitting w/ the Library</p>	<p>AM</p> <p>9:30: Forever Young w/ Zandra</p> <p>10:45-11:45 Road Runners Striders Walking Club w/ Sid</p>
<p>PM</p> <p>1:00: <u>Exploration in Visual Arts</u> New Class April 9th</p> <p>12:30-1:30: Balance Fitness w/Sid</p>	<p>PM</p> <p>1:00-4:00: People, Places, & Things Art Workshop w/ Michael</p> <p>1:30-2:30: Financial Literacy w/ Peter Lew</p>	<p>PM</p> <p>1:00-4:00: Art Workshop w/ John</p> <p>1:00: Bridge</p> <p>1:00: Zumba and Fitness w/ Charisma</p> <p>1:30: Scrabble</p>	<p>PM</p> <p>1:00-4:00: Sewing with Davida</p> <p>2:00: Movie</p>	<p>PM</p> <p>1:00-3:00: Computers w/Alex</p> <p>1:00-4:00: Art Workshop w/John</p> <p>1:00-3:00: Korean Social</p> <p>2:00-3:00: Seated Yoga w/ Irene</p> <p>3:00-4:30: Genealogy w/Lynne</p>
<p>SPECIAL EVENTS</p> <p>2nd ,30th : Jewels w/ Judy (1:30pm)</p> <p>9th : MetroCard Van (11-12:30pm)</p> <p>9th : Doll Making/ Sewing with Davida (1:30pm-4:30pm)</p> <p>16th : Doll Making/ Sewing with Davida (1:30pm-4:30pm)</p> <p>23th :Mosaics Artwork w/Judy (1:30pm))</p>	<p>SPECIAL EVENTS</p> <p>AARP Tax Assistance every Tuesdays until April 17,2018 (9AM-1PM)</p>	<p>SPECIAL EVENTS</p> <p>4TH ,18ST : Assembly Member Seawright's Rep (11-2:00 pm)</p> <p>11th ,26TH : Senator Serrano's Rep (11:00-2:00 pm)</p> <p>18th : Epic Workshop (10:30 am)</p> <p>25th : Fall Prevention Workshop (11am)</p>	<p>SPECIAL EVENTS:</p> <p>5th : Financial Justice Workshop (11:00am) New Economy Project</p> <p>12th : Vision Health Workshop (11:00am) Guildnet</p> <p>19th : BINGO/Birthdays with Pat (1pm)</p> <p>26th : <u>Mental Health and Wellness Fair (10am- 2pm)</u></p>	<p>SPECIAL EVENTS</p> <p>13th : Spring cleaning in the Garden (1:00-4:00 pm)</p>

ALL PROGRAMMING IS FREE. VOLUNTARY CONTRIBUTION OF \$1.50 REQUESTED FOR LUNCH.

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