

# DECEMBER 2017 ACTIVITY CALENDAR

CARTER BURDEN/ROOSEVELT ISLAND SENIOR CENTER (546 MAIN ST.)

MON-FRI 9AM-5PM ♥ LUNCH : 12PM ♥ PHONE: 212-980-1888

<b>MONDAYS</b>	<b>TUESDAYS</b>	<b>WEDNESDAYS</b>	<b>THURSDAYS</b>	<b>FRIDAYS</b>
<b>AM</b> 9:30-10:30: Skills in Motion w/ Charisma & Asphalt Green 10:30-11:30: Stretch & Tone w/ Kathy	<b>AM</b> 9:30-10:30: Forever Young w/ Zandra 10:30: RIOC Shopping Bus <b>*NEW CLASS*</b> 11:00-12:00: <b>Web Literacy Class</b>	<b>AM</b> 9:30-10:30: Seated Yoga w Irene 10:00-12:00: Computers w/ Alex 10:30-11:30: Stretch & Tone w/ Kathy	<b>AM</b> 9:30-10:30: Skills in Motion w/ Charisma & Asphalt Green 10:30-12:00: Computers w/ the Library 10:45-11:45: Feldenkrais Method	<b>AM</b> 9:30-10:30: Forever Young w/ Zandra 10:45-11:45 Road Runners Striders Walking Club w/ Sid
<b>PM</b> 12:30-1:30: Road Runners Balance Fitness w/ Sid	<b>PM</b> 1:00-4:00: People, Places, & Things Art Workshop w/ Michael	<b>PM</b> 1:00-4:00: Art Workshop 1:00: Bridge w/ Fran 1:30: Scrabble	<b>PM</b> 1:00-2:00: Mindful Meditation & Relaxation Group w/Prafulla 2:00: Movie <b>2:00-3:00 Web Literacy Class</b> <b>*NEW CLASS*</b>	<b>PM</b> 1:00-3:00: Computers w/Alex 1:00-4:00: Art Workshop w/ John 1:00-3:00: Korean Social 2:00-3:00: Seated Yoga w/ Irene 3:00-4:30: Genealogy w/Lynn
<b>SPECIAL EVENTS</b> 4 <sup>th</sup> : <b>BIG Holiday Crafting Afternoon w/ Davida, Judy, and Brian (1:30pm-5:00pm)</b> 11 <sup>th</sup> : <b>MetroCard Van (11:00-12:30pm)</b> 11 <sup>th</sup> : <b>Jewels w/ Judy (1:30-3:30pm)</b> 18 <sup>th</sup> : <b>Doll Making w/ Davida (1:30pm-3:30pm)</b> 25 <sup>th</sup> : <b>CLOSED</b>	<b>SPECIAL EVENTS</b> 05 <sup>th</sup> : Last day with Neil and Martha for Medicare Assistance (11:00-2:00pm) *Tabling in Lobby* 19 <sup>th</sup> : Chanukah Celebration w/ The Chabad of Roosevelt Island & 4 <sup>th</sup> graders of Beth Rivkah	<b>SPECIAL EVENTS</b> 13 <sup>th</sup> : Advisory Council Members Meeting (10 AM)  20 <sup>th</sup> : <b>Holiday Party (1:00-4PM)</b> DJ provided by Interga HealthCare	<b>SPECIAL EVENTS:</b> 7 <sup>th</sup> : Online banking w/ Amalgamated Bank (1:00pm) 14 <sup>th</sup> : Poison Prevention in the Home (1:00pm) 21 <sup>th</sup> : Bingo w/Broadway Care (1:00pm-2:00pm) 28 <sup>th</sup> : Birthday Celebration (1:00pm-2:00pm)	<b>SPECIAL EVENTS</b> 8 <sup>th</sup> : Trip - Louis Armstrong House Museum (12-3:00pm) 15 <sup>th</sup> : <b>SENIOR CENTER TO CLOSE EARLY AT 4:00</b>



**ALL PROGRAMMING IS FREE. VOLUNTARY CONTRIBUTION OF \$1.50 REQUESTED FOR LUNCH.**

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